Our new P&C Executive were elected last Tuesday, congratulations to Richard Waldie (President), Alison Donaldson (Vice President), Mark McInnes (Treasurer), Michael Schell (Secretary) and Cassie Berry (Assistant Treasurer). Thank you to all of these people for the work you are doing for the students of Palmwoods State School.

Congratulations also to Heidi Gills, Karen Morwood and David Wise who will be the Parent Representatives, along with Richard Waldie as P&C President, on our School Council. The staff representatives will be announced next newsletter.

Teaching, Learning and Discipline Audit
All State Schools in Queensland participate in a Teaching and Learning and Discipline Audit. These are conducted by two school Principals who interview staff, students and some parents. They then prepare a report providing us with feedback so we can continue to improve. They will be at our school on March 31 and April 1.

School Leaders 2014
Last week the Year 7 & Year 6 School Leaders were presented with their badges at the Leaders’ Induction Ceremony held in the School Hall. Manager of the Palmwoods Heritage Community Bank, Mr Todd English and Councillor Jenny Mackay were special guests who presented the students with their badges and certificates. Congratulations to all the students elected to their respective leadership positions.

School Captains: Sam R, Charlotte B, Jarren V, Brianna M

Landsborough: Zali A, Callum B, Erin F, Keegan R
Bendixen: Ben T, Shayla Y, Jacinta M, Jayden S

You Can Do It Education – Program Achieve

We’ve all heard the saying “Mind over Matter”. As adults we understand how powerful our mind is in helping us make decisions that can influence our health and feelings. At Palmwoods State School we use a program called “You Can Do It (YCDI) – Program Achieve” to help our students learn positive thought process to help them overcome blockers and build their social and emotional strengths. Through You Can Do It/Program Achieve we teach our students skills to develop the “5 Keys to Success”.

<table>
<thead>
<tr>
<th>Key to Success</th>
<th>Thinking to support this</th>
</tr>
</thead>
<tbody>
<tr>
<td>Resilience</td>
<td>Stay Calm</td>
</tr>
<tr>
<td></td>
<td>Talk about problems</td>
</tr>
<tr>
<td></td>
<td>Bounce back</td>
</tr>
<tr>
<td>Organisation</td>
<td>Use my time well</td>
</tr>
<tr>
<td></td>
<td>Set a goal and work towards it</td>
</tr>
<tr>
<td></td>
<td>Put things away in the “Right place the First time”</td>
</tr>
<tr>
<td>Persistence</td>
<td>Try hard</td>
</tr>
<tr>
<td></td>
<td>Don’t give up</td>
</tr>
<tr>
<td></td>
<td>Work tough</td>
</tr>
<tr>
<td>Confidence</td>
<td>I can do this</td>
</tr>
<tr>
<td></td>
<td>Don’t worry</td>
</tr>
<tr>
<td></td>
<td>Stand up tall</td>
</tr>
<tr>
<td>Getting Along</td>
<td>Work well with others</td>
</tr>
<tr>
<td></td>
<td>Share</td>
</tr>
<tr>
<td></td>
<td>Smile and talk kindly</td>
</tr>
<tr>
<td></td>
<td>Solve problems – without fighting</td>
</tr>
</tbody>
</table>

(For more information see the You Can Do It website [http://www.youcandoiteducation.com/index.html](http://www.youcandoiteducation.com/index.html))

How can I help at home?
• Use words from the 5 Keys to Success when things “get tough” for your child.
• Encourage them to try the positive thinking to match the key.

Demonstrate the Keys to Success in your own behaviour.

Sometimes things do feel “tough” for our children. Through teaching them the power of positive thinking through the “Keys to Success”, we can empower them with the tools to work through tough situations, developing skills that will set them up for success in life.

Happy “You Can Do It” thinking.

Kellie Martin
Head of Curriculum

SCHOOL ANZAC DAY SERVICE
Thursday 24 April  1:45pm
The Palmwoods State School ANZAC Service will be held in the school Hall with invited special guests. All parents and interested community members are invited to attend. Afternoon Tea will follow the ceremony.

Palmwoods Dawn Service - 25th April at 4.15am at the Palmwoods Hall
Palmwoods State School will be holding our annual Cross-Country on Friday 4 April. Please note in the event of wet weather the Cross Country will be postponed until Friday 2nd May.

<table>
<thead>
<tr>
<th>Year</th>
<th>Start Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yr 3</td>
<td>10.00am</td>
</tr>
<tr>
<td>Yr 2</td>
<td>10.15am</td>
</tr>
<tr>
<td>Yr 1</td>
<td>10.30am</td>
</tr>
<tr>
<td>Prep</td>
<td>10.40am</td>
</tr>
<tr>
<td>Students born 2002 &amp; 2001</td>
<td>1.45pm</td>
</tr>
<tr>
<td>Students born 2003</td>
<td>2.00pm</td>
</tr>
<tr>
<td>Students born 2004</td>
<td>2.15pm</td>
</tr>
<tr>
<td>Students born 2005</td>
<td>2.30pm</td>
</tr>
</tbody>
</table>

The focus of the Junior School races will be on participation

- Any Year 3 students born 2005 who wishes to race in their age group is asked to let their teacher know as they are more than welcome to race.
- All Senior School competitors will be scoring points towards their house totals and winners of competitive senior races will be receiving Age Champion medals and place ribbons.
- Any Student who is interested in training over the holidays could participate in the something like following:
  - Running at the park with the dog
  - Cycling with other family members
  - Swimming in the pool
  - Boogie boarding at the beach

All parents and relatives are invited to attend and help cheer along our students. Morning Tea (Tea, Coffee & Cake etc.) will be available during the Junior School races between 10am – 11am at the school Tuckshop for visitors to purchase. Also on offer will be additional “over the counter” FUN food, such as jelly cups, Easter eggs and home baked treats!

Palmwoods Future Sport Stars

It’s a busy time in the Nambour District sports calendar with the district running trials in many different sports. Congratulations to the following Palmwoods students who have been successful in gaining selection into the following Nambour District sides.

- Brianna M has been selected in the Nambour District Netball Team.
- Sam R, Ben T, Jess N and Ryan T have been selected in the Nambour District AFL Team.
- Sam R, Ben T, Jess N and Zane O have been selected in the Nambour District Rugby League Team.

All these students will be representing Nambour District and competing against the best athletes from across the coast at the Sunshine Coast Regional Trials. Good Luck to you all!!

In Cricket news Charlotte B. recently represented the “Presidents 11” at the Queensland Primary Schools State Cricket Championships in Mackay. Charlotte had a great carnival with the ball getting a wicket in every game and 2 wickets in 1 over. With the bat Charlotte was consistent remaining not out in 3 out of 5 innings. Keep up the good work Charlotte!

Thank you
Kris Kearney
PE Teacher
Maths Masters Club meets every Wednesday morning 8am-8:30am (for a prompt 8:05 start) in the LOTE room (opposite the library).

We will involve your children in maths activities, so you can watch them work and a teacher can explain the process as it unfolds. If you have a maths question from your child’s homework, please bring these along with your children. Teachers will also pose questions, model and explain processes or answer questions you may have about your child's maths learning.

BOOK FAIR

‘A cool place to discover hot books!’

‘A cool place to discover hot books!’ A Book Fair is coming soon to Palmwoods State School Library on Monday the 31<sup>st</sup> March, the last week of Term 1. The commission we receive in books from your purchases is directly returned to us in books. This ensures we can continue to offer the latest releases, current and popular books. Sometimes our books are lost or damaged and it enables us to replace these also. Therefore your support at our upcoming Book Fair directly benefits every child in the school along with encouraging and highlighting the importance of reading.

Victor Mijnarends
Teacher/Librarian

TriviaNight

$10 per adult
tables of 6-8 people
Indians and couples also welcome
hot food to purchase
beer, wine and softdrinks for purchase
NO BYO

Palmwoods State School P&C

Friday 28th March 2014
7pm
Tickets are available from the Palmwoods State School office.

Help us win a set of 10 iPads

Students and parents can help our school win a set of 10 iPads by collecting daily tokens from the Sunshine Coast Daily newspaper.

Students can bring their tokens in on a daily basis to the office up until the final bell on Monday 31 March when the promotion ends.
Last Tuesday night we had our Annual General Meeting to elect the Executive of the Palmwoods State School P&C Association.

Welcome to our 2014 P&C Executive:

**PC& President:** Richard Waldie  
**P&C Vice President:** Alison Donaldson  
**P&C Secretary:** Michael Schell  
**P&C Treasurer:** Mark McInnes  
**Assist Treasurer:** Cassie Berry

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**2013 IN REVIEW**

One of the objectives of the P&C is to work as a group of parents of the school, to raise money. In 2013 funds raised were used to improve the school grounds, provide equipment such as mowers and photocopiers and supplement the school curriculum to purchase IT (Information Technology) equipment, library books and other resources.

Our **major fundraising** activities included:

- **Country Fair**: $29,000  
- **Chocolate Drive**: $7,351  
- **Sausage Sizzles**: $2,621  
- **Trivia Night**: $1,067

The Tuckshop, Uniform Shop and Kids Club also provide significant profits.

In 2013 we provided $36,800 for:

- **Curriculum**: $20,800  
- **Student Welfare**: $500  
- **Grounds Improvement**: $5,000  
- **Replace Equipment**: $7,500  
- **Chaplaincy**: $1,000  
- **School Camps**: $2,000

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**GRANTS**

The P&C was successful in receiving the following grants in 2013 totalling approx $26,000.

- **Heritage Bank Palmwoods**: $20,000  
  *(upgrading prep playground softfall)*
- **Nambour RSL Community Grant**: $5,000  
  *(Coffee Machine & trolley)*
- **Smart Choices Grant**: $1,000  
  *(Food processor for tuckshop)*

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**NEW TUCKSHOP**

After many hours of preparation, fundraising and planning, the new tuckshop was completed in time for the 2013 Country Fair.

Volunteers now love to work in our spacious, well appointed facility.

We thank all those involved who contributed to ensure our new facility was completed.

If you are interested in helping in the tuckshop please call in and see Sam, our tuckshop convenor.

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*We thank and appreciate the many people who volunteer their time to help in the classroom, Tuckshop, Country Fair and in other areas around the school.*
Country Fair Update
Saturday 24th May 2014, 12pm—6pm

DONATIONS/SPONSORSHIP
Contact: Brenda Herrmann    Email: pcops@westnet.com.au    or school at 5453 2444
We welcome donations of any items. They might be small items that could go into lucky bottles or small games like pluck a duck i.e. pens, rubbers, note pads, hair ties etc. Or large items that could be part of the auction or raffle.

- You may have or know someone who has an **art or craft items** that they could donate to be in the raffle, cent auction or auctioned.
- You may have or know someone who has a **business that could donate goods or services** for the raffle, cent auction, or be auctioned.

COLOURING COMPETITION
The colouring competition will be going home on the 31st March and due back in to the office for judging by the 2nd of May.
Prep to Year 2 - Colouring Sheet Year 3 to 7 - Freestyle Drawing
The winner for each grade will win the following prize:
1 x Golden Ticket which entitles the winner to one armband and one go on each of the game stalls in sideshow alley

ENTERTAINMENT
Do you know someone or can you provide entertainment at the Fair?
We are looking for;
- A clown or someone to provide small children’s entertainment.
- Any dancing, singing or acting or performer
- We are looking for talented musicians to perform in our entertainment areas
Call the school office on 5453 2444

FAIR ORGANISING MEETINGS
are being held every Tuesday afternoon at 1.30pm in the Admin building. Our next Fair meetings are Tuesday 1st April and 22nd April 2014.
You are most welcome to attend, or if you would like to receive a copy of the minutes then please let Brenda know by email pcops@westnet.com.au
Country Fair Side Show Alley
Saturday 24th May 2014, 12pm - 6pm

We will also have
- Monster Raffle 4/5P
- 4Cent Auction 2/3P
- Sausage Sizzle PG
- Hot Food 2S
- Tea & Coffee 4K & 4B
- Cake Stall
- Craft - Kids Club
- Drinks Van 2D
Would $500 assist with your child’s school costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for education costs including uniforms, textbooks, laptops, sports equipment and music tuition.

You may be eligible if you:
- have a Health Care Card or Pensioner Concession Card
- are 18 or over and
- have some paid income from work (you or your partner).

Contact Linda Stacey, your local Saver Plus Worker:
07 5451 1069 / 0488 291 563 or
saverplussc@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in the Sunshine Coast by The Smith Family.
Saver Plus is funded by ANZ and the Australian Government.

myFamilyLaw App
myFamilyLaw is a free family law app where you can find information about:
- Separation and Divorce
- Parenting Arrangements
- Child Support
- Your Financial Future

You can submit your family law query to a real family lawyer in Queensland. You can also use myFamilyLaw to find and connect with family law professionals, view inspiring motivational quotes and attend family activities listed in myFamilyLaw Events.

myFamilyLaw is available for Android, iPhone and iPad devices. Visit myFamilyLaw to download the free app!

LOST
One of our students has lost a Blue Redline BMX Bike. If you know of any information please contact the school office.
The information herein has been obtained from sources we deem to be reliable, however we cannot guarantee its accuracy and interested persons should rely on their own enquiries.